

Master of Science in Coaching Psychology

SINGAPORE'S ONLY MASTER OF COACHING PSYCHOLOGY

10 Month (Part-Time) | Weekend Class Schedules + Online Support



**2026
UPDATED**

Portfolio Pathway to:



WELCOME TO AVENTIS GRADUATE SCHOOL

Welcome to Aventis Graduate School, where excellence meets education. With a rich legacy of empowering individuals for over 18 years, we stand as a beacon of transformative learning and career advancement. Experience education that transcends boundaries. At Aventis Graduate School, we're dedicated to helping you unleash your full potential and thrive in today's dynamic world through cutting edge curriculum and expert faculty. Headquartered in Singapore, Aventis has over 80,000 learners across Asia.

UNIVERSITY PARTNERS

Aventis collaborates with leading universities across the United Kingdom and Australia to deliver the best possible graduate education for working professionals across Asia.



INDUSTRY PARTNERS

Aventis also collaborates with prominent industry partners and professional bodies to ensure that your qualifications are accredited and recognised by employers.



ABOUT UNIVERSITY OF CHICHESTER, ENGLAND

INVEST IN
A 187-YEAR
LEGACY

TEF Gold Teaching
Excellence
Framework

University of Chichester, England

The University of Chichester can be traced back to **1839** making it one of the oldest universities on the south coast of the UK. The University of Chichester, situated in the beautiful and historic county of West Sussex, offers students a welcoming and inspiring environment to pursue their academic and professional goals. Known for its supportive community and commitment to educational excellence, Chichester provides a personalised learning experience that combines tradition with modernity. The University emphasises close interaction with faculty, ensuring **high levels of support**, and prepares graduates for **success in a wide range of industries**.

Chichester has recently received **high marks for student satisfaction and teaching quality in national rankings**, with its dedication to academic and personal growth evident in consistently strong outcomes for students. The University is highly regarded in areas such as **Healthcare, Psychology, Business and Special Education**, making it a popular choice for students seeking **quality education and hands-on experience** in their fields.

Success Stories

“Empowering meaningful conversations through coaching psychology”

Mr Derrick Yip

Financial Services Professional &
President of a Professional Association

Master of Science in Coaching Psychology,
2026 Cohort

My MSc in Coaching Psychology journey with the University of Chichester and Aventis Graduate School has been both meaningful and rewarding. The programme enhanced my self-awareness, understanding of people, and ability to apply coaching psychology frameworks in practice.

It has strengthened how I support colleagues and engage clients through active listening, reflective questioning, and more meaningful conversations. I am grateful to the lecturers and Aventis team for their guidance, support, and encouragement throughout this valuable learning journey.





“Bringing Learning to Life Through Knowledge and Human Connection”

Ms. Victoria Grace

Executive Trainer

Master of Science in Coaching Psychology,
2025 Cohort

I want to extend my heartfelt thanks for your excellent teaching. Your depth of knowledge, clarity in delivery, and generosity in sharing insights made a profound impact on me.

I truly appreciated how you brought the material to life—not just conceptually, but in a way that felt relevant, grounded, and thought-provoking. It's rare to find someone who can hold both academic rigour and human connection so well, and I'm grateful to have learned from you.

Thank you again for your time, wisdom, and generosity.

Success Stories

“A Journey of the Heart, Not Just the Mind”

Ms. Li XiaoTing

Senior Staff Nurse
Operating Theatre in Tan Tock Seng Hospital

Master of Science in Coaching Psychology,
2025 Cohort

"This course is not only about knowledge—it is a journey of the heart. It is about discovering yourself and others, healing from within, and growing into who you are meant to be. It offers a safe space to share openly, to be understood, and to see life with new eyes.

Coaching psychology has transformed my understanding of psychology itself, reshaping my perspectives, beliefs, and my view of what true happiness means. As the saying goes, 'Rather than giving someone a fish, it is better to teach them how to fish.'

This journey equips you with the tools not only to love yourself, but also to uplift others and walk through the world with compassion, humility, and an open heart."



“Learning Beyond the Classroom, Growing Beyond Expectations”

Ms. Nina Sanusi

ICF Coach,
Certified Career Practitioner (CCP)

Master of Science in Coaching Psychology,
2025 Cohort



The Master's in Coaching Psychology has been an enriching journey, combining academic excellence with practical, real-world application.

Through engaging discussions, diverse perspectives, and experienced lecturers, the programme has expanded my understanding of coaching psychology and equipped me with the knowledge, skills, and confidence to become a more effective and insightful professional.

University of Chichester: A Top 30 UK University

The University of Chichester's recent recognition as one of the top 30 UK universities underscores its commitment to excellence in higher education. This accolade is particularly significant for professionals enrolling in the Master of Technology (Data Science & AI), as it highlights the institution's dedication to delivering high-quality, specialised training that empowers practitioners to lead in the rapidly evolving digital economy.



University of the Year for Teaching Excellence 2026

The University of Chichester is proud to have been named the Daily Mail's University of the Year for Teaching Excellence 2026, a prestigious accolade awarded in August 2025. This recognition celebrates the university's unwavering commitment to delivering outstanding education, a standard reflected in exceptional student satisfaction scores and distinguished industry ratings.



Gold Standard for Teaching Excellence Framework (TEF)

Further strengthening its reputation, Chichester earned a 'Gold' rating in the UK Teaching Excellence Framework (TEF) in 2023 — the highest recognition for teaching quality. This prestigious TEF Gold award certifies that the university's teaching, student experience, and academic outcomes are among the very best in the United Kingdom.



The Guardian University Guide 2026

The Guardian University Guide 2026 is one of the UK's most respected university rankings, offering prospective students a thorough evaluation of institutions based on a range of performance metrics. Unlike some rankings that focus primarily on research output, The Guardian places emphasis on factors that directly influence the **student experience, such as teaching quality, student satisfaction, and graduate employment prospects.**

1 <https://www.theguardian.com/education/ng-interactive/2025/sep/13/the-guardian-university-guide-2026-the-rankings>

2 <https://www.chi.ac.uk/about-us/tef-gold/>

3 <https://www.chi.ac.uk/news/daily-mail-names-university-of-chichester-university-of-the-year-for-teaching-excellence-2026/>



The University of Chichester has proudly been ranked in the **Top 15 for Psychology in the Guardian University Guide 2025**, ahead of the University of Warwick and Durham. This achievement reflects the university's commitment to academic excellence and innovative research in the field. This prestigious ranking highlights the university's **strong reputation** for delivering **high-quality education, top-class faculty, and cutting-edge programs** that prepare students for impactful careers in psychology.

1	Oxford	16	Sheffield
2	St Andrews	17	Exeter
3	Cambridge	18	Aberdeen
4	London School of Economics	19	Strathclyde
5	Durham	20	Southampton
6	Imperial College	21	King's College London
7	Warwick	22	Liverpool
8	Bath	23	Surrey
9	University of the Arts London	24	Glasgow
10	UCL	25	Nottingham Trent
11	Loughborough	26	Dundee
12	Essex	27	Sunderland
13	Edinburgh	28	Birmingham
14	Lancaster	28	Chichester
15	Bristol	28	Leeds



MASTER OF SCIENCE IN COACHING PSYCHOLOGY

DEVELOP YOUR SKILLS AND KNOWLEDGE OF COACHING PSYCHOLOGY.

The Master of Science in Coaching Psychology will provide you with a solid grounding on coaching psychology theory and practice from a broad variety of psychology perspectives, helping you to use a research and practice-informed approach to promote change for individuals, organisations and their communities that is sustainable – attainable, lasting, and respectful of the wider social and environmental context.

Additionally, this programme covers a wide range of transferrable skills with real-world value, with an emphasis on personal development, professionalism and employability.

Furthermore, the programme encourages you to critically engage with contemporary issues in coaching psychology, such as diversity, inclusion, and the ethical implications of coaching practices. Through a combination of theoretical exploration and practical application, you will refine your ability to address complex challenges, foster meaningful relationships, and implement evidence-based strategies that drive positive outcomes. By integrating psychological principles with coaching methodologies, you will graduate with the skills and confidence to make a significant impact in various professional settings, including leadership, well-being, and organisational development.

ACCELERATE YOUR CAREER

The 10-month (part-time) University of Chichester's Master of Science in Coaching Psychology equips graduates with advanced skills and knowledge essential for a career in coaching psychology or coaching across diverse contexts.

PROFESSIONAL MEMBERSHIP

The Master of Science in Coaching Psychology programme, delivered on-campus in the UK, is accredited by the British Psychological Society (BPS). For the programme offered in Singapore, it aligns with professional coaching standards set by globally recognised bodies. Graduates will have pathways to pursue professional membership and accreditation with:

- International Coaching Federation (ICF) (USA)
- Association for Coaching (AC) (UK)
- European Mentoring and Coaching Council (EMCC) (EU)

It is important to note that these accreditations require students to submit a portfolio application, as they are not automatically awarded upon course completion.

INTERNATIONAL COACHING FEDERATION (ICF)



The International Coaching Federation (ICF) is the world's largest and most recognised organisation for professional coaching, headquartered in USA. ICF sets the gold standard for coaching through globally recognised certification, accreditation, and ethical guidelines.

Portfolio Route for Accreditation:

To achieve ICF accreditation, students must meet the following requirements:

- 60+ hours of coach-specific education (including CCE programmes or non-ICF accredited programmes).
- 100+ coaching hours with a minimum of 8 clients, where 75 hours are paid. At least 25 hours (paid or unpaid) must occur within 18 months prior to the credential application.
- 10 hours of mentor coaching with a PCC, MCC, or renewed ACC credentialed coach, including 3 hours of one-on-one mentoring, spread over at least 3 months.
- Submission of 1 recorded coaching session with a transcript.

The Master's programme fulfills the 60+ hours of education and provides 25 hours of unpaid coaching practice. Two modules within the MSc require recorded coaching sessions, which can be submitted as part of the ICF application. Students will need to gain additional paid coaching clients to meet the full practice hours requirement.

PROFESSIONAL MEMBERSHIP

ASSOCIATION FOR COACHING (AC)



The Association for Coaching (AC), headquartered in the United Kingdom, is a leading global body committed to advancing coaching excellence and professional development.

Accreditation Pathway:

- Graduates of the MSc programme are eligible to apply for Foundation Coach Membership.
- With an additional 20 hours of coaching practice, they will qualify for Coach Membership, enhancing their professional standing in the global coaching community.

For more information: [Association for Coaching](https://www.accreditationforcoaching.org/).

EUROPEAN MENTORING AND COACHING COUNCIL (EMCC)



The European Mentoring and Coaching Council (EMCC) is a globally recognised professional body that promotes best practices in mentoring, coaching, and supervision while upholding high standards of ethics and professional competence.

Accreditation Pathway:

- EMCC accreditation requires coachee feedback to demonstrate coaching impact, a requirement that will be fulfilled as part of the Health and Well-being module within the MSc programme.

For more information: [EMCC Global](https://www.emccglobal.org/).

This programme not only provides the essential education and practical experience for a successful coaching career but also prepares graduates to pursue prestigious accreditations, strengthening their global recognition and professional credibility.



CAREER OPPORTUNITIES

Graduates can explore opportunities in leadership, consultancy, or sectors such as education, health, business, management, marketing, and human resources, with the potential to pursue further training or establish their own coaching practice.

SENIOR EXECUTIVE ROLES

- Director of Coaching and Talent Development
- Head of Learning and Development
- Senior Manager of Organisational Effectiveness
- Chief People Officer (CPO) with Coaching Expertise
- Director of Employee Experience and Well-being
- Coaching Programme Director

PROFESSIONAL ROLES

- Learning and Development
- Manager Organisational Development Consultant
- Career Coach
- Workplace Wellbeing Specialist
- Executive Coach
- Educational Coach
- Performance Coach
- Board-Certified Coach Trainer
- Change Management Specialist
- Life Coach Talent Development
- Specialist Leadership Development Consultant
- HR Business Partner with Coaching Expertise
- Diversity and Inclusion Consultant
- Coaching Researcher or Academic
- Team Development Coach

PROGRAMME STRUCTURE

The Master of Science in Coaching Psychology is designed to develop highly skilled coaching professionals equipped with the knowledge, techniques, and ethical grounding necessary to drive individual and organisational growth. The programme encompasses a well-rounded curriculum, comprising of six carefully curated modules and a dissertation:



Psychology of
Coaching



Coaching for Well-being:
Individual and Ecological
Approaches



Advanced Research
Methods and
Approaches 1



Coaching
Psychology
Independent
Research Project
(Final Dissertation)



Advanced Research
Methods and
Approaches 2



Coaching Psychology
Skills and Practice



Coaching for Ethical
Leadership and
Organisational
Sustainability

DELIVERY STRUCTURE

Each module spans over 2 consecutive weekends per month (Saturdays & Sundays; 9am to 5pm) and includes a comprehensive coverage of Zoom lectures that is complemented with online course support, additional readings and resource materials.

SAT	SUN	MON-FRI	SAT	SUN
9AM - 5PM	9AM - 5PM	REVISION BREAK	9AM - 5PM	9AM - 5PM

ASSESSMENT METHODOLOGY

Designed for senior executives, the University of Chichester adopts a practical and case study approach to ensure that you can immediately apply what you have learned in class.

This is a 100% Coursework programme. You will be assessed through the submission of assignments, reports and presentations.

You will be required to complete **at least 80 hours of coaching practice**, plus an additional 20 hours of supervised coaching, further developing the coaching psychology skills and practical techniques introduced during the sessions. Research modules will introduce you to advanced research methods, which you will apply to your very own research-based coaching psychology project. You will be assessed through observed skills practice, written assignments, supervisor's reports and the completion of coaching hours.

This course has no examinations.

MASTER OF SCIENCE IN COACHING PSYCHOLOGY

SAME DEGREE AS AWARDED ON CAMPUS

The Master of Science in Coaching Psychology is designed to develop highly skilled coaching professionals equipped with the knowledge, techniques, and ethical grounding necessary to drive individual and organisational growth. The programme encompasses a well-rounded curriculum, comprising of six carefully curated modules and a dissertation:



OPPORTUNITY TO PUBLISH YOUR DISSERTATIONS IN ACADEMIC JOURNALS

Publishing your dissertation in academic journals offers an opportunity to share your research with the wider academic community, enhancing your professional credibility and contributing to your field. As part of this Masters programme, you will receive guidance on how to refine your work for publication, ensuring it meets academic standards and has impact. This process not only strengthens your academic profile but also opens doors for networking, collaboration, and future career opportunities.



Open Journal of Business and Management, 2024, 12, 2949-2964
<https://www.scirp.org/journal/ojbm>
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The Interplay of Social Behaviour and Demographics in Cyber Scam Susceptibility: A Singapore Study

Johan H. M. Buse^{1*}, Christopher Fong², Shilpi Tripathi^{3*}

Psychology > Vol.15 No.2, February 2024

Check for updates

"Navigating between Worlds: Understanding the Mental Health Dynamics of Corporate Expatriates in Multicultural Environments in Singapore": A Qualitative Study

Leslie Hsu^{1,2}, Christopher Fong², Shilpi Tripathi^{3*}

¹School of Psychology, University of Roehampton, London, UK.
²Columbia Business School, Columbia University, New York, USA.
³Singapore City, Singapore.

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Abstract

The journey of human development is a continuous process that spans from infancy to old age, with adulthood presenting unique developmental challenges and opportunities. Central to this stage is the role of work, which

Psychology > Vol.16 No.6, June 2025

The Double Role Dilemma: A Conceptual Analysis of Therapist Strategies in Mandated Counselling

Denise Edna Jeevan Ponnampalam¹, Christopher Fong¹, Shilpi Tripathi²

¹School of Psychology, University of Roehampton, London, UK.
²Singapore City, Singapore.

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Abstract

Mandated counseling, also known as court-ordered therapy or coerced treatment, presents a significant challenge for mental health professionals who must navigate the double role dilemma—balancing their responsibilities as therapists and legal enforcers. Unlike voluntary counseling, mandated therapy requires individuals to engage in treatment under judicial orders, often leading to client resistance, ethical dilemmas, and therapist burnout. This review examines the complexities of therapist-client relationships in mandated settings, emphasizing the impact of confidentiality constraints



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Art Therapy in Mental Health Treatment: A Narrative Review of Efficacy and Application in Developed Countries

Koh Sok Hiang¹, Christopher Fong¹, Shilpi Tripathi²

STUDENT PROFILE

43

years old
on average

28.2

average years of
work experience

99%

working
professionals



48% Male

52% Female



37%

senior management



26%

middle management



38%

professionals and executives

50 COUNTRIES REPRESENTED



16 INDUSTRIES REPRESENTED



Consultancy
Services



Consumer
Goods



Education



Facilities
Management



ICT & Media



Logistics



Government &
Public Sector



Healthcare



Staffing &
Recruitment



Food &
Beverages



Manufacturing



Real Estate



Financial
Services



Telecoms



Travel



Wholesale
Trade



Dr Christopher Fong

Doctor of Professional Studies
The University of Southern
Queensland

- Lead Clinical Consultant with over 25 years of experience across human resources, leadership, and organisational psychology.
- Internationally recognised expert in Applied Behavioural Sciences, specialising at the intersection of clinical psychology and organisational development.
- Appointed National Fellow in Singapore's social services sector in recognition of his impactful leadership and contributions to clinical practice and strategic leadership within the nonprofit landscape.

Mr Benjamin Toh

Master of Guidance and Counselling
James Cook University (Australia)

- Registered Clinical Member and Registered Clinical Supervisor with the Singapore Association for Counselling (SAC), with over 10 years of professional counselling experience.
- Counsellor and researcher at the National Neuroscience Institute (NNI) and Institute of Mental Health (IMH), contributing to programme evaluation and applied mental health research.
- Experienced in individual performance and intervention across multidisciplinary teams.





Ms Yasmin Abdeen

Master of Education
The University of Southern
Queensland (Australia)

- Seasoned Educator with nearly 30 years of experience in higher education, specialising in psychology, academic writing, business communication, and leadership development across undergraduate and postgraduate programmes.
- Recognised mentor and academic leader, combining industry expertise with evidence-based teaching practices to develop critical thinking, communication, and professional competencies in learners.

ADMISSION CRITERIA

Candidates are expected to contribute to the class learning experiences in a cohort and peer learning environment. You will be assessed based on experience, aptitude, and potential.



ACADEMIC LEVEL

A Bachelor degree or equivalent
Undergraduate
Qualification in any discipline, or;



ACADEMIC LEVEL

Graduate
Diploma/Diploma or equivalent, with a minimum of 8 years working experience, or



ACADEMIC LEVEL

30 years old and above, with 8 years of working experience but without an academic qualification, will also be considered on a case-by-case basis.



LANGUAGE PROFICIENCY

GCE O Level English (C6 and above); or

IELTS score of 5.5 or above; or

For students who didn't meet the language proficiency requirement, they will need to pass Aventis English Proficiency Test (EPT).

HOW TO APPLY

- Completed Application Form
- Copies of academic certificates and transcripts
- An updated resume
- A copy of NRIC / Passport
- Non-refundable Application fee of S\$200 (subjected to GST)
- Miscellaneous Fees apply*

FINANCING YOUR MASTER DEGREE

The total course fee for the Master of Science in Coaching Psychology programme is S\$24,800, subjected to GST.

1st Instalment - upon acceptance	S\$6,200
2nd Instalment (before 3rd month)	S\$6,200
3rd instalment (before 5th month)	S\$6,200
4th instalment (before 7th month)	S\$6,200

APPLY NOW

AVENTIS WELLNESS CENTRE

A NURTURING PLATFORM FOR ASPIRING COUNSELLORS AND COACHES



Aventis Wellness Centre is a leading provider of Employee Assistance Programmes (EAP) and corporate wellness solutions, offering a comprehensive suite of confidential counselling, mental well-being training, and workplace coaching services for individuals and organisations. The centre offers hands-on practicum opportunities—enabling students to fulfil clinical hours, refine their skills, and gain invaluable real-world experience under the close supervision of seasoned practitioners. Through supervised counselling sessions and practical exposure to diverse client needs, students bridge theory with practice, developing both technical competence and the confidence to engage meaningfully with clients.

Your Counselling Oasis @ Orchard Road



Aventis Wellness Centre offers hands-on practicum opportunities—enabling students to fulfil clinical hours, refine their skills, and gain invaluable real-world experience under the close supervision of seasoned practitioners. Through supervised counselling sessions and practical exposure to diverse client needs, students bridge theory with practice, developing both technical competence and the confidence to engage meaningfully with clients.

AVENTIS WELLNESS PARTNERS WITH HRM ASIA TO RECOGNISE SINGAPORE'S BEST ORGANISATIONS FOR CORPORATE WELLNESS



Aventis Wellness partners with HRM Asia to spotlight Singapore's best employers championing corporate wellness and workplace well-being.



In a powerful move to elevate the standards of workplace well-being across Singapore, Aventis Wellness has officially partnered with HRM Asia to support the 2025 HRM Readers' Choice Awards, celebrating the Best Organisation for Corporate Wellness. This partnership reflects the shared mission of both organisations to inspire healthier, more inclusive, and higher-performing workplaces—recognising companies that make employee well-being a strategic business priority.



CapitaLand Investment (CLI) is recognised as the Gold Winner of the Best Organisation for Corporate Wellness at the HRM Asia Readers' Choice Awards 2025. As the official sponsor and presenter of this category, Aventis Wellness celebrates CapitaLand Investment's exceptional leadership in fostering a healthy, inclusive, and futureready workplace—one where employee well-being sits at the heart of organisational success.



Singapore General Hospital (SGH) is recognised as the Silver Winner of the Best Organisation for Corporate Wellness award at the HRM Asia Readers' Choice Awards 2025. As the official sponsor and presenter of this category, Aventis Wellness celebrates SGH's outstanding leadership in fostering a healthy, supportive, and resilient workplace ecosystem.



Singapore Nurses Association (SNA) is recognised as a Bronze Award Winner of the Best Organisation for Corporate Wellness award at the HRM Asia Readers' Choice Awards 2025. As the official sponsor and presenter of this category, Aventis Wellness celebrates SNA's dedication to strengthening wellness, learning, and professional development across its nurse members and workforce.



IHH Healthcare is recognised as a Bronze Award Winner of the Best Organisation for Corporate Wellness award at the HRM Asia Readers' Choice Awards 2025. As the official sponsor and presenter of this category, Aventis Wellness celebrates IHH Healthcare's dedication to creating innovative wellness programmes that support employee engagement, mental resilience, and occupational well-being.



INTERNATIONAL COACHING WEEK 2026

Aventis Graduate School was proud to be a Silver Sponsor at International Coaching Federation (ICF) International Coaching Week 2026.

The event brought together an inspiring community of coaches, HR professionals, and organisational leaders committed to driving meaningful change through coaching. One key takeaway from our conversations was the growing importance of evidence-based coaching, grounded in psychology and neuroscience, to create lasting behavioural transformation.

These principles are central to our MSc in Coaching Psychology and MSc in Human Resource Management and Organisational Psychology programmes, where academic excellence meets practical application.

Thank you to everyone who visited our booth. We look forward to continuing the conversation and supporting professionals on their development journey.



PSYCHOLOGY OF COACHING

This module explores the psychological foundations of coaching and their application in personal, professional, and organisational development.

Students will examine key psychological theories, coaching models, and evidence-based practices that support behaviour change, performance enhancement, and goal achievement. Through real-world case studies, they will develop the ability to critically evaluate and apply coaching approaches in diverse contexts.

LEARNING OUTCOMES

- Demonstrate knowledge, understanding and critical awareness of historical and contemporary psychology contributions to coaching psychology
- Demonstrate the ability to critically reflect on evidence-based psychological skills, techniques and strategies of relevance to coaching
- Demonstrate skills in the incorporation of the relevant psychological factors important in understanding of the client's perspective
- Demonstrate ability to disseminate your work appropriately



ADVANCED RESEARCH METHODS AND APPROACHES 1

This module develops advanced research knowledge and skills in qualitative and quantitative methodologies relevant to coaching psychology.

Students will explore a range of research approaches, including interpretative phenomenological analysis, grounded theory, multivariate analysis, and regression-based methods. The module prepares learners to design, conduct, and critically evaluate high-quality psychological research.

LEARNING OUTCOMES

- Demonstrate the ability to identify, navigate and solve applied problems which often present an exciting challenge in areas as diverse as psychology, medicine, social & environmental sciences and economics, using advanced multidimensional techniques.
- Demonstrate the ability to develop an in-depth understanding of situations through a multi level approach to research.
- Demonstrate advanced ability in the analysis, interpretation, explanation and discussion of complex data regarding multifaceted processes.
- Demonstrate the ability to study independently in the subject.



ADVANCED RESEARCH METHODS AND APPROACHES 2

This module further develops advanced research competencies required for professional practice and applied psychological research.

Students will examine systematic reviews, meta-analysis, structural equation modelling, and visual research methods, while developing the skills to investigate complex real-world problems and produce impactful, evidence-based research.

LEARNING OUTCOMES

- Apply advanced research methodologies and analytical techniques to investigate complex problems across diverse professional contexts, using multidimensional approaches and evidence-based psychological research methods.
- Critically evaluate and utilise advanced statistical and research tools, including structural equation modelling and meta-analysis, to interpret findings, synthesise evidence, and support professional decision-making.
- Demonstrate independent research capability and critical thinking, assessing the strengths and limitations of contemporary research designs and analytical methods to generate robust, impactful, and scientifically rigorous insights.



COACHING PSYCHOLOGY SKILLS AND PRACTICE

This module develops advanced coaching competencies aligned with professional, ethical, and legal standards in coaching psychology.

Through extensive supervised practice and client engagement, students will strengthen their coaching skills, reflective practice, professional judgement, and emotional self-regulation, while supporting their ongoing personal and professional development.

LEARNING OUTCOMES

- Apply advanced coaching skills and evidence-based coaching approaches to support individual growth, performance enhancement, and sustainable behaviour change across diverse coaching contexts.
- Demonstrate professional, ethical, and reflective coaching practice, applying relevant ethical, legal, and professional frameworks while maintaining appropriate boundaries and effective use of supervision.
- Develop self-awareness, emotional regulation, and professional judgement through reflective practice and client engagement, supporting ongoing personal development and continuous improvement as a coaching practitioner.



COACHING FOR ETHICAL LEADERSHIP AND ORGANISATIONAL SUSTAINABILITY

This module explores coaching approaches that support ethical leadership, organisational effectiveness, and long-term sustainability.

Students will examine coaching practices informed by social, occupational, community, and sustainability psychology, while developing the ability to support leaders and organisations in creating positive social, environmental, and organisational impact.

LEARNING OUTCOMES

- Identify and demonstrate core knowledge and skills for coaching at strategic level
- Demonstrate appropriate decision making, including appropriate use of standardised assessment tools and/or psychometrics to enable targeted improvements for individuals, teams and organisations
- Critically evaluate the impacts ethical leadership coaching has in developing a sustainable and ethical organisation and culture
- Demonstrate the ability to disseminate effectively to a target audience



COACHING FOR HEALTH AND WELL-BEING: INDIVIDUAL AND ECOLOGICAL APPROACHES

This module explores a range of coaching approaches that support physical health, mental well-being, and personal growth, from goal-oriented models such as CBT, ACT, and solution-focused coaching to positive, existential, and ecological coaching approaches.

Students will develop practical coaching skills including motivational interviewing, mindfulness, resilience-building, goal setting, and behaviour change techniques. The module examines key factors influencing well-being, helping learners apply evidence-based coaching strategies to support sustainable personal development and flourishing.

LEARNING OUTCOMES

- Demonstrate detailed understanding of core theories and research related to coaching for health and well-being.
- Employ coaching skills in support of health and well-being outcomes
- Critically reflect upon own developing orientation and practice as trainee Coaching Psychologists.
- Demonstrate critical understanding of supporting clients using digital/online environments.



COACHING PSYCHOLOGY INDEPENDENT RESEARCH PROJECT (FINAL DISSERTATION)

This module provides students with the opportunity to undertake an independent research project within a chosen area of coaching psychology.

Working under academic supervision, students will design, conduct, and complete an original research study, applying advanced research skills to generate meaningful insights and contribute to the development of coaching psychology theory and practice.

LEARNING OUTCOMES

- Use theoretical knowledge, methodological and analytical skills to conduct an in-depth investigation on a topic of their own choice
- Critically evaluate their own research using relevant theoretical and research evidence and methodological and statistical knowledge
- Present research in a scholarly manner using appropriate academic conventions



UNIVERSITY OF
CHICHESTER



Cert No: EDU-2-2177
Validity: 02/04/2026 - 01/04/2030

www.aventis.edu.sg

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Sources quoted are correct as at 14 Nov 2025